

ACHIEVE CONFERENCE PROGRAMME

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	Arrival of Guests/Participants - Wednesday, July 26th
Day One	Thursday, July 27th / (9.00 am West Central African Time/Nigerian Time)
8.30 – 8.55 am	Arrival and Registration!!!
9.00 – 11.00 am	<p>Opening Courtesies (Dr Dada/Mr. Kingsley)</p> <ul style="list-style-type: none"> - Recognition (10 mins) - Welcome Remarks – Prof. Mayowa O. Owolabi, FAS (30 mins) <p>Opening Ceremony (5 mins each)</p> <p>Chair: Prof K. O. Adebowale FAS, mni, FRSC (<i>Vice Chancellor, University of Ibadan</i> (20 minutes)</p> <ul style="list-style-type: none"> - Prof Adebola Ogunbiyi, Head of Department, Department of Medicine, <i>College of Medicine, University of Ibadan, Nigeria</i> - Prof T. O. Ogundiran, Dean, Faculty of Clinical Sciences - Prof Olayinka O. Omigbodun FAS. <i>Provost, College of Medicine, University of Ibadan, Nigeria</i> - Prof J. A. Otegbayo, <i>Chief Medical Director, University College Hospital, Ibadan, Nigeria</i> - Prof Oluyemisi A. Bamgbose SAN <i>Deputy Vice-Chancellor (RISP), University of Ibadan, Nigeria</i> - <i>Commissioner of Health, Oyo State</i> - World Health Organization (<i>Dr Prebo Barango/Taskeen Khan</i>) - Honorable Minister, <i>Ministry of Health, Ghana (8 mins)</i> - Honorable Minister, <i>Federal Ministry of Health, Nigeria (8 mins)</i> <p>Keynote Lecture (40 minutes):</p> <ul style="list-style-type: none"> - Keynote Title: <i>Global Best Practices for Hypertension Control</i> - Keynote Speaker: Prof Gianfranco Parati - <i>President-Elect World Hypertension League</i>
11.05 – 11.15 am	Group Photograph (Physical & Online)
11.20 – 11.55 am	Tea Break
12.00 – 1.00 pm (3 minutes each)	<p>Goodwill Messages</p> <ol style="list-style-type: none"> 1. World Hypertension League (Prof Paul Whelton) 2. World Heart Federation (Prof Amam Mbakwem) 3. ARUA Secretary General (Prof Ernest Aryeetey)/NCD CoE (Dr Fred Bukachi) 4. PASCAR (Prof Elijah Ogola) 5. Rwandan Ministry of Health/Director of Cardiovascular Diseases Unit at Rwanda Biomedical Center (Dr Ntaganda Evariste) 6. Resolve to save lives (Dr Osi Kufor/ Dr Andrew Moran) 7. African Stroke Organization (Prof Rufus Akinyemi) 8. WSO Lancet Commission on Stroke (Prof Mayowa Owolabi) 9. African Society of Nephrology (Prof Niang Abdou) 10. Cameroun Cardiac Society (Prof Anastase Dzudie) 11. Lancet Commission on NCDI (Prof Ana Mocumbi) 12. International Society for Hypertension (Prof Bryan Williams/Prof Alta Schutte) 13. Nigerian Cardiac Society (Prof Augustine Odili) 14. Nigerian Hypertension Society (Prof A.B.O. Omotoso/Prof Kolawole Wahab) 15. National Primary Health Care Development Agency (NPHCDA - Nigeria) – (Dr Chris Elemuwa) 16. Artery Society – (Prof Kennedy Kruickshank) 17. World Patients Alliance – (Regina Mariam Kamoga Namata) 18. Ghanaian Society of Cardiology – (Dr Collins Kokuro)
1.00– 1.40 pm	Lunch break
1.45 – 2.00 pm	Overview of ACHIEVE - Dr Paul Olowoyo - Associate Professor of Medicine and Consultant Neurologist. Federal Teaching Hospital, Ido-Ekiti, Nigeria. Nigeria
2.00 – 4.00 pm 20 mins each; 20 mins Q/A Sessions)	<p>Plenary Session (I): Presentations on the 10 key Recommendations for Accelerated Hypertension Control in Africa.</p> <p>Moderator: Prof Mayowa Owolabi/Prof Gianfranco Parati</p> <ol style="list-style-type: none"> 1. Implementation of the Hypertension Quadrangle: Prof Ana O. Mocumbi – <i>Universidade Eduardo Mondlane, Maputo, Mozambique & Chair, Lancet NCDI Poverty Commission</i>

	<ol style="list-style-type: none"> 2. Development and Implementation of Task-Sharing Policies on NCD Control – Dr Deborah Odoh, Director, Non-Communicable Disease Unit, Federal Ministry of Health, Abuja, Nigeria 3. Establishment of the Implementation Ecosystem for an Enduring and Efficient hypertension Control in Africa – Prof Dike Ojji/Prof Augustine Odili 4. Increasing Population Access to all Aspects of the Hypertension Quadrangle – Dr Abiodun Adeoye 5. Presentation by Resolve to Save Lives (RTSL): Global/African programme/Nigerian - Kano and Ogun example of practical application of the ecosystem – Dr Kufor Osi/Dr Andrew Moran
4.00 – 4.15 pm	World Heart Federation Hypertension Roundtables - Ms. Elisa Codato
4.20 – 4.30 pm	Questions/Comments/Suggestions
4.35 pm	Closing remarks/Vote of Thanks – Dr Okechukwu S. Ogah/ Dr Olupelumi Adebisi
5.00 pm	Adjourn
5.30 – 7.00 pm	Dinner
Friday, July 28th 2023	
8.30 – 8.55am	Arrival!!! Registration!!! Registration!!! Registration!!!
9.00 – 9.25am	Welcome/Recap of Day One (Dr Paul Olowoyo/Dr Joseph Yaria/Dr Akintomiwa Makanjuola/Dr Oladimeji Adebayo) – Rapporteurs
9.30 – 11.00 am (20 mins each incl Q/A Sessions)	Plenary Session (II): Presentations on the 10 key Recommendations for Accelerated Hypertension Control in Africa. Moderator: Prof Elijah Ogola/ Prof Anastase Dzudie <ol style="list-style-type: none"> 1. Incorporation of Hypertension Screening into all the Routine Adult Clinic Visits/ Processes – Prof Amam Mbakwem (World Heart Federation) 2. Free and adequate BP measurement with free or subsidized medications: Role of Government and NGOs – Dr Malau (Nigeria)/Dr John Amoah (Ghana)/Dr Evariste Ntaganda (Rwanda) 3. Challenges and barriers to antihypertensive adherence: how to overcome them – Prof Anastase Dzudie 4. HEARTS Programme – Dr Taskeen Khan/Dr Prebo Barango – (WHO)
11.00 – 11.30 am	Tea Break
11.30am – 1.00 pm (20 mins each incl Q/A Sessions)	PLENARY SESSIONS (III): Implementation Science Approaches and Research Priorities Moderator – Prof Wahab/Dr Dewan <ol style="list-style-type: none"> 1. Policy development and implementation on consumption of Healthy diets and Physical activities – Dr Prebo Barango/Dr Mary Dewan (WHO) 2. Conduction of Hypertension implementation Research; focusing on African genetic diversities – Prof Pascal Andre Kengne (SAMRC) 3. Home-based BP measurement with automatic BP measuring devices: role and effectiveness in medication adherence and hypertension control – Prof Kolawole Wahab/Prof Gianfranco Parati 4. Incorporating hypertension care into already established health systems like HIV care, etc. – Dr Okechukwu S. Ogah (Fmr Commissioner of Health/Fmr President, Nigerian Cardiac Society, Nigeria)
1.00 – 1.50 pm	Lunch break (Networking period)
1.55 – 2.15 pm	1. African School of Hypertension – ISH (Prof Akintunde A. Adeseye)
2.20 – 2.30 pm	2. Experience sharing by Persons living with Hypertension – Mr. Ad Adams Ebenezer (Moderator)
Practical approaches to ACHIEVING each of the recommendations and the specific roles of each of the key players of the ecosystem on the continent and in the Phase 1 countries – Prof Olugbenga Ogedegbe/Prof Kennedy Cruickshank/Dr Paul Olowoyo	
Break-out Sessions (3 or 4 Groups/Rooms) (2.35 – 3.05pm / 30 mins) Group Leads Prof Pasquale Maffia (United Kingdom) Dr Baffour Awuah/Dr John Amoah/Dr Albert Akpalu/Dr Collins Kokuro (Ghana) Prof Andre Kengne (South Africa) Prof Mocumbi (Mozambique) Prof Anastase Dzudie (Cameroun) Prof A.B.O Omotoso/Prof Wahab (Nigeria)	Plenary Session (3.10 – 3.30pm / 20 mins) Presentation by Group Leads

Dr Ntaganda Evariste/Charlotte Bavuma (Rwanda) Dr Wafaa El-Aroussy/Mushin Ibrahim (Egypt) Dr Hind Mamoun Beheiry (Sudan) Dr Fred Bukachi (Kenya) (Other country contacts including Eswatini, Burundi, Tanzania & Ethiopia)	
3.35 – 3.55 pm	Break
4.00 – 4.30 pm	Finalization of Country-level Action Plans and KPI's – Prof Ogedegbe/Prof Cruickshank/Dr Olowoyo
4.35 – 5.05 pm	Sustainability/KPIs/Dashboard/Commitment/Pledges/Resources – 15 mins Prof Mayowa Owolabi/Prof Bryan Williams/Dr Okechukwu Ogah General comments and discussions – 15 mins
5.10 – 5.20 pm	Communique – Committee of the Rapporteurs (Prof Bryan Williams/Prof Rufus Akinyemi/Dr Olupelumi Adebisi)
5.25 – 5.30 pm	Closing Remarks (Prof Ayodele Jegede – Deputy Director, ARUA UI CoE on NCD)
5.35 pm	Adjourn and networking opportunity
Saturday 29th July (Departure)	